

NOVA University of Newcastle Research Online

nova.newcastle.edu.au

Bailey, Kylie; Webster, Rosemary; Baker, Amanda L.; Kavanagh, David, J. "Addressing smoking and other health risk behaviours using a novel telephone-delivered intervention for homeless people: A proof-of-concept study". Originally published in Drug and Alcohol Review Vol. 31, Issue 4, p. 529-537 (2012)

Available from: <u>http://dx.doi.org/10.1111/j.1465-3362.2011.00401.x</u>

This is the accepted version of the following article: Bailey, Kylie; Webster, Rosemary; Baker, Amanda L.; Kavanagh, David, J. "Exposure to dysfunctional parenting and trauma events and posttraumatic stress profiles among a treatment sample with coexisting depression and alcohol use problems", Drug and Alcohol Review, Vol. 31, Issue 4, pp. 529-537 (2012), which has been published in final form at <u>http://dx.doi.org/10.1111/j.1465-3362.2011.00401.x</u>

Accessed from: http://hdl.handle.net/1959.13/1062882

Exposure to dysfunctional parenting and trauma events and posttraumatic stress profiles among a treatment sample with co-existing depression and alcohol use problems

Kylie Bailey^a, Rosemary Webster^a, Amanda L. Baker^a, & David J. Kavanagh^b

^aThe University of Newcastle, University Drive, Callaghan NSW, Australia 2308

^bQueensland University of Technology, GPO Box 2434, Brisbane Qld, Australia 4001

^aCorresponding author: Ms Kylie Bailey, University of Newcastle, University Drive,

Callaghan NSW, Australia 2308. Tel: +61 2 49138427; Fax: +61 2 49138148

e-mail:Kylie.Bailey@newcastle.edu.au

Running title: PTSD with depression and alcohol use.

Abstract

Background.

Trauma exposure and posttraumatic stress disorder (PTSD) frequently co-exist with major depressive disorder (MDD) and alcohol use disorders (AUD), with the impact of this comorbidity usually studied as a dual disorder (i.e. comorbid PTSD and MDD or PTSD and AUD). This study explores trauma exposure, posttraumatic stress symptom severity and PTSD in people seeking treatment for co-existing depressive symptoms and alcohol use problems.

Design and Methods.

Participants (*N*=221) with current depression and alcohol use problems were recruited. Trauma exposure, posttraumatic stress symptoms and PTSD were assessed using the Posttraumatic Stress Diagnostic Scale. The Measure of Parenting Style assessed dysfunctional parenting experienced as a child.

Results.

Most participants had trauma exposure (71.6% n=159), with more than one third reaching DSM-IV criteria for current PTSD (38.0%, n=84). Unique to this study was that there were no gender differences in rates of trauma exposure, number of traumatic events, and PTSD. More severe posttraumatic stress symptoms and PTSD were associated with: childhood neglect; earlier onset of depression; more severe depression and alcohol problems; and lower general functioning. More severe problems with alcohol were related to Intrusion and Avoidance symptoms, while severe alcohol dependence symptoms were related to Hyperarousal.

Discussion and Conclusions.

Posttraumatic stress symptoms and PTSD are highly prevalent in those with co-existing depression and alcohol use problems and associated with a history of childhood neglect and worse levels of comorbidity. Trauma, posttraumatic stress symptoms and PTSD

should be assessed and addressed among people presenting for treatment for co-existing depression and alcohol problems.

Introduction

Posttraumatic Stress Prevalence

Following a traumatic event, most people will experience feelings such as fear, sadness, guilt and anger, with some developing depression, anxiety or substance misuse problems (1). Specific trauma symptoms are grouped into three categories: re-experiencing the trauma event; avoidance and numbing in response to trauma reminders; and hyperarousal (anxiety) symptoms (2). The re-experiencing and hyperarousal symptoms are initially the most problematic (3) and if they continue over time, Posttraumatic Stress Disorder (PTSD) can develop (4). This is particularly so if the avoidance symptoms (specifically emotional numbing) persist, as this symptom cluster is the best predictor of PTSD development (5).

Exposure to at least one traumatic event across the lifetime is experienced by approximately 83% of men and 75% of women (6). The most common traumatic events reported by men are physical assaults (7), combat exposure and witnessing traumatic events (8) while women are more likely to experience rape and sexual molestation (8). Although men are more likely to report a greater number of trauma exposures (7) women are more likely to meet criteria for PTSD (9, 10). The lifetime prevalence rate for PTSD in Australia is 12.2% (15.8% for women and 8.6% for men) (11) although it is higher (up to 65%) (12) in at-risk populations such as combat veterans (13) and victims of sexual (8) or physical assault (7).

PTSD and Depression

PTSD in international and Australian community surveys has routinely been associated with high rates of major depressive disorder (MDD) (1, 14) with MDD occurring in approximately 50% of PTSD sufferers (15). PTSD co-exists with MDD more commonly in women, with one study reporting that 65% of women with a 12 month diagnosis of PTSD also had MDD (16). In comparison, another study found that 51.6% of men had this dual comorbidity (14).

This high comorbidity rate may be due to depressive symptoms being considered a reaction to a traumatic event (17). These symptoms (such as despair, dysphoria and withdrawal) are typically present within minutes or hours following exposure to a trauma event (3). Initial depression symptoms may be an important mediator in the development of chronic PTSD (18). MDD can also develop as a secondary disorder, in response to chronic and severe PTSD, and when these disorders co-occur their interaction amplifies dysfunction (19).

PTSD and Alcohol

Alcohol is the most commonly used substance among people with PTSD (24.1%), and people with PTSD are 5.2 times more likely to have an AUD (20) than the rest of the population. Men with PTSD are particularly likely to have a 12-month diagnosis of AUD (37.6%, compared with 12.4% of women) (14). Three main causal pathways are proposed to explain this co-occurrence (21). The first is that alcohol abuse develops as alcohol is used to manage or reduce PTSD symptomatology (self-medication) (22). The second is that alcohol abuse was present prior to the development of PTSD, and that it maintains PTSD by inhibiting psychological processing of the trauma event (thus preventing desensitization) (21). The third potential pathway involves at-risk drinking

increasing the chance of experiencing or witnessing traumatic events such as serious accidents or physical or sexual assaults (23).

PTSD, Depression, Alcohol after exposure to dysfunctional parenting

Traumatic events during childhood (neglect and physical and sexual abuse) have consistently been associated with psychiatric morbidity in later life (24). The severity of childhood trauma has been associated with PTSD, MDD (25, 26) and AUD in adults (27, 28). However, there has been limited research into the impact of dysfunctional parenting and the long-term impact it has on adult trauma exposure, depression and drinking. This is due to most studies researching the impact of dysfunctional parenting on psychological functioning in infants (29), children (30) and adolescents (31), rather than across adulthood. Other research on parenting style investigates the effect of when the parent has a mental illness (32) or alcohol dependence (27).

One study found that childhood experiences of dysfunctional parenting (neglect, affectionless over-control or abuse) were associated with depression and anxiety disorders as an adult (33). Another adult study found that lack of parental care (neglect) and maternal overprotection are associated with anxiety disorders and can contribute to psychological vulnerability (34). Maternal over-intrusiveness has also been associated with adverse psychosocial health in adolescents (35), whilst poor paternal bonds have been associated with depression (primary disorder) and alcohol abuse (secondary disorder) in young adults (36).

PTSD and Multiple Comorbidity

PTSD has predominantly been studied as a single disorder (28) or in terms of its cooccurrence with another single disorder (e.g. MDD (16) or AUD (37)). Few studies examine comorbidities involving PTSD and multiple disorders. Exceptions are some large-scale population surveys (e.g. (38)) which necessarily use abbreviated assessments, and studies of high-risk groups such as war journalists (39) and terrorism survivors (40). The present study appears to be the first to report on rates of trauma exposure, posttraumatic symptoms and PTSD among an otherwise unselected sample of people seeking treatment for co-existing depression and alcohol use problems. This study assessed trauma exposure, posttraumatic symptoms and PTSD among participants recruited into the DAISI (Depression and Alcohol Integrated and Single focused Interventions) trial (41). It examined relationships between the severity of depressive and alcohol problems, and histories of exposure to dysfunctional parenting and later trauma, severity of posttraumatic symptoms, and occurrence of PTSD. We predicted that in participants with co-existing depressive and alcohol problems, those with more severe posttraumatic stress symptoms and/or PTSD would report: (i) higher levels of dysfunctional parenting during childhood, and (ii) more severe depressive symptoms and alcohol issues (greater alcohol consumption, more severe problems and dependence) and poorer functioning.

Methods

Participants

As previously described (41) participants were recruited in Newcastle and Brisbane (Australia) through a range of treatment agencies and via media advertisements. Inclusion criteria were: (a) \geq 16 years of age; (b) current depressive symptoms (score \geq 17 on the BDI-II); (c) and consuming alcohol at harmful levels as determined by the Australian National Health and Medical Research Council's (2001) drinking guidelines. Potential participants were excluded if they: (i) were currently diagnosed with a psychotic disorder; (ii) reported a history of traumatic brain injury (due to DAISI being a Cognitive Behaviour Therapy study); (iii) lacked fluency in English; or (iv) lived too far away to attend sessions.

Procedure

Two 1-hour assessment appointments (one week apart) were made. Appointments for the initial treatment session were made at the second assessment session. Participants received AUD\$20 as reimbursement for travel costs.

Measures

Trauma exposure, posttraumatic stress symptom severity and PTSD were measured by the Posttraumatic Diagnostic Scale (PDS) (42). The Measure of Parenting Style (MOPS) (33) assesses experiences of dysfunctional parenting during childhood, with the separate scales of 'Indifference' (neglect), 'Over-control' (affectionless control) and 'Abuse' from both parents. There are no normative mean scores, although anxious and depressed groups have higher scale scores compared to non-clinical samples (33). Depression symptoms were measured by the Beck Depression Inventory (BDI-II) (43). The Structured Clinical Interview for DSM-IV -TR (SCID) (44) was administered to diagnose lifetime and current MDD and AUD. Alcohol problems were measured with the Alcohol Use Disorders Identification Test (AUDIT) (45) and severity of alcohol dependence was measured by the Severity of Alcohol Dependence Questionnaire (SADQ-C) (46). Alcohol consumption (both weekly and binge drinking) was assessed by a Timeline Follow Back (TLFB) focusing on the previous two weeks (47). General level of functioning was determined by the Global Assessment of Functioning (GAF) (48).

Statistical Analysis

The Newcastle and Brisbane data sets were compared with each other to identify any differences. A significantly higher proportion of Newcastle participants experienced a natural disaster (31.8% vs. 12.2%; χ^2 (1, *N*=159)=8.7, *p*=.003) which was due to Newcastle participants experiencing an earthquake in 1989.

Preliminary analysis on the merged data sets showed that 57/278 (20.5%) of the sample did not complete the entire trauma assessment. Compared to Completers, Noncompleters had significantly lower BDI-II (28.4 vs. 32.4; t=3.3, df = 209, p=.001) and alcohol consumption (7.6 vs. 10.8 drinks; t=3.4, df = 209, p=.001) scores. The most likely explanation for this effect was that Non-completers tended to nominate events that they did not consider traumatic (such as car accidents and the Newcastle earthquake) and thus declined to continue the trauma assessment. Participants with and without trauma experience were compared on gender, depression onset, depressive symptom severity, alcohol initiation, alcohol consumption and dependence, functioning, and experience of dysfunctional parenting. Correlations were conducted on trauma symptom severity and PTSD symptom clusters (combined No PTSD and PTSD groups). Enter, backward and stepwise regressions were then conducted on the strongest correlation results, with the final model confirmed by all three regressions. Planned comparisons and chi squares were used on the three study groups. Family-wise Bonferroni corrections were applied to the first two tests to control for the number of analyses. Rates of PTSD and trauma exposure are reported in percentages. Analyses were conducted using SPSS for Windows (version 17.0) (49).

Results

Sample Description

The DAISI trial had 278 participants at baseline (41). Two hundred and twenty-one participants completed assessments of trauma, with participants allocated to the three study groups of: (i) No Trauma, (ii) Trauma, No PTSD (referred to as No PTSD) and (iii) PTSD (see Figure 1).

Place Figure 1 about here.

Participants ranged from 20 to 73 years, with an average age of 45.2 years (*SD* 11.0). There were 113 men and 108 women. Over a quarter of the sample were single (27.6%, n=61), married (24.9%, n=55) or divorced (23.5%, n=52). The remaining quarter were widowed, separated or in a defacto relationship. Most participants were taking prescribed medication (61.2%, n=134), most commonly antidepressants (52.1%, n=14), anxiolytics (16.9%, n=37), anticraving medications (7.3%, n=6), antipsychotics (5.5%, n=12), and mood stabilizers (2.3%). Over half had not completed high school (53.0%, n=116), and 81.7% (n=179) left school by the age of 17 years. Following school, nearly a quarter (24.1%, n=52) had obtained a certificate, a further 15.7% (n=4) obtained a trade certificate, and 13.4% (n=29) had a bachelor degree. Over half worked part or full time (54.7%, n=120) and 46.6% (n=102) received welfare payments, with 78.4% (n=80) of welfare recipients reporting trauma exposure.

Most participants had experienced a traumatic event (71.6% n=159/221), with more than one third of the sample fulfilling DSM-IV criteria for current PTSD (38.0%, n=84/221). There were no gender differences in rates of trauma exposure, number of

traumatic events, number of trauma symptoms and PTSD. For the PTSD group, women had significantly more severe intrusion symptoms than men (t (84)=2.9, p=.005) (Table 1). Women were more likely to have experienced sexual assaults (68.4% vs. 23.8%; χ^2 (1, N=159)=31.9, p<.001) whilst a higher percentage of men experienced military or imprisonment-related trauma (25.0% vs. 3.8%; χ^2 (1,159)=14.4, p<.001) (see Table 1).

Insert Table 1 about here.

Relationships with Parental Dysfunction

Participants with PTSD had significantly higher Maternal and Paternal neglect scores than the No PTSD group (Maternal F(1,214)=10.9, p<.01; Paternal F(1,214)=14.7, p<.001) and the No Trauma group (Maternal F(1,214)=17.2, p<.001;Paternal F(1,214)=20.10, p<.001).

Table 2 displays the significant associations between parental dysfunction scores and other variables. As shown in the table, the strongest associations (i.e. ≥ 0.30) were between posttraumatic symptoms (specifically, Avoidance and Hyperarousal) and severity of alcohol dependence with paternal neglect. Depression severity was most strongly associated with paternal over-control, while general functioning was most strongly associated with maternal abuse. Many other coefficients were 0.20 or above. Regression analysis showed that maternal neglect predicted more severe Avoidance symptom severity (R^2 =.07, ΔR^2 =.06, F(1,128)=9.47, p=.003). Paternal neglect predicted more severe Avoidance and alcohol dependence symptoms, (R^2 =.15, ΔR^2 =.13, F(2,111)=9.59, p<.001). Maternal over-control predicted an earlier onset of depression, lower general functioning and drinking (on average) less across the week, (R^2 =.18, ΔR^2 =.16, *F*(3,122)=8.79, *p*<.001). Paternal over-control predicted having more severe depression symptoms, (R^2 =.35, ΔR^2 =.12, *F*(1,116)=16.53, *p*<.001). Maternal abuse was related to an earlier onset of depression and lower general functioning, (R^2 =.12, ΔR^2 =.10, *F*(3,129)=5.74, *p*=.001) whilst paternal abuse was related to lower general functioning (R^2 =.09, ΔR^2 =.08, *F*(1,109)=10.34, *p*=.002).

Insert Table 2 about here.

Relationships with PTSD and PTSD symptom clusters

Participants with PTSD had an earlier depression onset (F(1,214)=6.5, p<.05), poorer general functioning (F(1,214)=17.0, p<.001) and more severe alcohol problems (F(1,214)=20.8, p<.001) than those with No Trauma. The PTSD group also had more severe depressive symptoms and alcohol dependence than either the No PTSD (respectively, F(1,214)=6.7, p<.05; F(1,214)=6.1, p<.001) and No Trauma groups (respectively, F(1,214)=9.8, p<.01; F(1,214)=13.2, p<.01).

Table 3 shows associations between the severity of trauma symptoms and other variables. Especially noteworthy are associations between posttraumatic symptoms and the severity of both depression and alcohol dependence. Both the Avoidance and Hyperarousal clusters had Spearman Rho coefficients of 0.30 or more with depression severity and general functioning, as did Hyperarousal with severity of alcohol dependence.

Stepwise regression for PTSD symptom clusters found that Intrusions and Avoidance symptoms were related to depression severity and problems with alcohol, (Intrusions) $(R^2=.09, \Delta R^2=.08, F(2,152)=7.70, p=.001)$ and (Avoidance) $(R^2=.13, \Delta R^2=.12, \Delta R^2=.12)$

F(2,151)=10.96, p<.001). The Hyperarousal cluster was related to depression severity and alcohol dependence severity, ($R^2=.18, \Delta R^2=.17, F(2,142)=15.83, p<.001$). In order to check whether the associations between posttraumatic and depressive symptoms may reflect an overlap of symptoms rather than co-occurring problems, we examined where the strongest association between these sets of symptoms were. There were a number of significant associations between the PTSD Hyperarousal and Avoidance clusters with depressive symptoms (in particular, agitation). The strongest associations were actually between the Avoidance cluster and the depressive symptoms of pessimism, punishment, indecision, concentration and tiredness (with Spearman Rho coefficients $\geq 0.25, p \geq .003$).

Discussion

This is the first study to show a high rate of trauma exposure and PTSD in a treatment seeking sample with co-existing depressive symptoms and alcohol use problems. Almost three quarters of participants (71.6%) reported a traumatic event, a third (33.9%) experiencing current trauma symptoms (No PTSD) and more than one third met diagnostic criteria for PTSD (38.0%). Of those who had experienced a traumatic event, 52.8% developed PTSD. This finding is important as it suggests that trauma exposure, posttraumatic stress symptoms and PTSD need to be screened for in people who present for treatment of co-existing depression and alcohol use problems. The prediction that individuals with more severe posttraumatic stress symptoms and PTSD would report higher levels of dysfunctional parenting in childhood was confirmed. Unique to the current study was the finding of the life-lasting detrimental contribution that experiencing dysfunctional parenting (specifically the effect of parental neglect) had on developing PTSD, depression and problems with alcohol in

later adulthood. In particular, this finding suggests that neglected children (acts of omission) may not be taught important life skills such as affect regulation, self control or progress through and achieve the goals identified in the first five or six stages of Erikson's (developmental) Stages (50). These are skills typically taught to children by their parents and perhaps the lack of these skills in combination with feelings of abandonment and rejection (resulting from the neglect) (51) impact on adult self concepts (such as 'I am unlovable' and 'I am worthless'). This then results in a vulnerability to developing chronic/severe PTSD, depression and subsequent alcohol problems across adulthood.

The impact on depression is also important to note as those with the dysfunctional parenting experiences had an earlier onset of depression, especially so for those who also had PTSD, as their first depressive episode was in their early 20's rather than their mid 20's. This subgroup of people then have a longer duration of depression, resulting in more frequent depressive episodes, shorter duration of remission times and a greater chance of depressive episodes (52).

These findings highlight the importance of good parenting practices being taught to parents who are in 'at-risk' groups (such as those with AUD and/or mental health issues). More practical support provided to these families (such as in-home support and visits from outreach services) may also be beneficial. Further research into the identification of evidence-based treatments for neglectful parents is also needed. One of the limitations of this study was that participants with trauma exposure were not asked how old they were when the event occurred. This prevented further investigations into the relationship between onset of PTSD with depressive symptoms and alcohol use problems, or between trauma exposure and these disorders. For these reasons, future studies need to investigate the temporal relationship between trauma events, PTSD, depression and alcohol use problems.

Our prediction that PTSD and/or more severe posttraumatic stress symptoms would be associated with more severe depressive symptoms and alcohol problems was also confirmed. This finding is consistent with research on PTSD with depression (5, 17, 53) and PTSD with alcohol use (54-56). This study also showed that participants with PTSD also had an earlier onset of depression. Further analysis found that more severe depression symptoms were related to all three PTSD symptom groups. More severe problems with alcohol were related to more Intrusion and Avoidance symptoms, whilst more severe alcohol dependence symptoms were related to Hyperarousal.

Limited research has investigated the overlap of PTSD and depressive disorders and found that they are separate and distinct disorders (5, 19, 57). Most have looked at this overlap through either the diagnosis of the two disorders (19) or, as depression symptoms as a predictor for PTSD (18). This secondary analysis showed that there is a moderate overlap of the Avoidance cluster with some depressive symptoms. This analysis may add support to one study that found emotional numbing (or dysphoria) symptoms may not be unique to PTSD and this is what may contribute to PTSD and depression comorbidity (58).

These findings suggest that depressed treatment seekers who drink, may have a trauma history (including parental dysfunction) which makes them vulnerable to depression (secondary) or they had a milder depression and a subsequent trauma event. Regardless of the primary and secondary position, it is clear that the symptoms of these two disorders detrimentally interact with each other, resulting in significantly lower general functioning in a client population who already has impaired general functioning.

Unique to this study was that there were no gender differences in PTSD, depression and alcohol rates, and depression and alcohol dependence symptom severity. This finding may suggest that comorbidity affects men and women similarly, or that men with this three-way comorbidity are more willing to attend treatment, so that gender effects are minimal. Alternatively, women with PTSD may have higher rates of alcohol dependence. It also suggests that having this three-way comorbidity results in more severe psychiatric comorbidity and drinking may help manage this (Khantzian 1985) (in particular with the Hyperarousal symptoms) and is an avoidance coping strategy (Olff, 2007). Therefore, addressing the role of drinking in treating this three-way comorbidity would inform coping strategy enhancement.

Conclusions

Overall, the current study shows that PTSD, depressive symptoms and alcohol use problems commonly co-exist in a treatment population and that trauma exposure (including exposure to dysfunctional parenting) plays a role in the vulnerability and development of more chronic and severe depression symptoms and alcohol problems. The interrelationship between trauma and depression symptoms appears to reduce any gender differences in problems with alcohol and dependence. The symptom interrelationship between PTSD and depression also may be influenced by emotional numbing symptoms. It also appears that the impact of neglect (acts of omission) on adult psychiatric functioning is much longer lasting than what is currently researched (27, 29, 30). Therefore further research and attention needs to be directed to both neglected children and the impact of emotional numbing symptoms on psychiatric functioning and comorbidity. This multiple comorbidity also needs to be assessed and addressed if services are to be maximally effective in meeting the needs of this complex group.

Acknowledgements

Funding for this study was provided by the National Health and Medical Research

Council (NHMRC) (Project Grant number: 351115), Amanda Baker is supported by an

NHMRC Fellowship (510702), and Kylie Bailey was supported by a University Of

Newcastle Equity Research Fellowship program, University of Newcastle. The authors

would also like to acknowledge the assistance of Kim Colyvas and Terry Lewin with

statistical advice and Jane McDonald with word template customising.

References

1. Australian Centre for Posttraumatic Mental Health. Australian guidelines for the treatment of adults with stress disorder and posttraumatic stress disorder: Practitioner guide. Melbourne: National Health and Medical Rreserach Centre; 2007 [cited 2007 February]; Available from: www.acpmh.unimelb.edu.au.

2. APA. Diagnositic and Statistical Manual. 4th ed. Association AP, editor. Washington: American Psychiatric Association; 1994.

3. Shalev AY. Acute stress reactions in adults. Biological Psychiatry. 2002;51(7):532-43.

4. PTSDAlliance. Posttraumatic Stress Disorder: A guide for the frontline. [Internet resource]: PTSD Alliance; 2000 [cited 2007 February 2007]; Available from: www.PTSDAlliance.org.

5. DeMond MG, Beck, G., Marques, L., Palyo, S.A., & Clapp, J.D. The structure of distress following trauma: Posttraumatic stress disorder, major depressive disorder and generalised anxiety disorder. Journal of Abnormal Psychology. 2008;117(3):662-72.

6. Norman SB, Stein, M.B., & Davidson, J.R.T. Profiling posttraumatic functional impairment. The Journal of Nervous and Mental Disease. [Original]. 2007;195(1):48 - 53.

7. Breslau N, Kessler, R.C., Chilcoat, H.D., Schultz, L.R., Davis, G.C., and Andreski, P. Trauma and posttraumatic stress disorder in the community: The 1996 Detroit area survey of trauma. Archives of General Psychiatry. 1998;55(7):626-32.

8. Kessler RC, Sonnega A, Bromet E, Hughes M, and, Nelson C. Posttraumatic stress disorder in the National Comorbidity Survey. Archives of General Psychiatry. [Original Article]. 1995 December, 1995;52(12):1048-60.

9. Tolin FD, & Foa, E.B. Sex differences in trauma and posttraumatic stress disorder: A quantitative review of 25 years of research. Psychological Bulletin. [Review]. 2006;132(6):959-92.

10. Nemeroff CB, Bremner, J.D., Foa, E.B., Mayberg, H.S., North, C.S., and Stein, M.B. Posttraumatic stress disorder: A state-of-the-science review. Journal of Psychiatric Research. [review]. 2006;40:1-21.

11. Australian Bureau of Statistics. National Survey of Mental Health and Wellbeing: Summary of Results, 2007. Sydney: Australian Bureau of Statistics2008. Report No.: 4326.0.

12. McFarlane A. The contribution of epidemiology to the study of stress. Social Psychiatry Psychiatric Epidemiology. [Special Issue]. 2004 August, 2004;39:874-82.

13. Grieger TA, Cozza, S.J., Ursano, R.J., Hoge, C., Marinez, P., Engel, C.C., & Wain, H.J. Posttraumatic stress disorder and depression in battle-injured soldiers. American Journal of Psychiatry. 2006;163(10):1777-83.

14. Creamer M, Burgess, P., & McFarlane, A.C. Post-traumatic stress disorder: Findings from the Australian National Survey of Mental Health and Well-being. Psychological Medicine. [Original Article]. 2001 October 2001;31(7):1237-47.

15. Tucker P, Beebe, K.L., Burgin, C., Wyatt, D.B., Parker, D.E., Masters, B.K., & Nawar, O. Paroxetine treatment of depression with posttraumatic stress disorder: effects on autonomic reactivity and cortisol secretions. Journal of Clinical Psychopharmacology. [Original]. 2004;24(2):131-40.

16. Frayne SM, Seaver, M.R., Loveland, S., Christiansen, C.L., Spiro, A., Parker, v.A., Skinner, K.M. Burden of medical illness in women with depression and posttraumatic stress disorder. Archives of Internal Medicine. [Original Investigation]. 2004 June 2004;164(12):1306-12.

17. Franklin CL, & Zimmerman, M. Posttraumatic stress disorder and major depressive disorder: Investigating the role of overlapping symptoms in diagnostic comorbidity. The Journal of Nervous and Mental Disease. 2001;189(8):548-51.

18. Freedman SA, Brandes, D., Peri, T., & Shalev, A. Predictors of chronic posttraumatic stress disorder: A prospective study. British Journal of Psychiatry. 1999;174:353-9.

19. Shalev AY, Freedman, S., Peri, T., Brandes, D., Shar, T., Orr, S.P., & Pitman, R.K. Prospective study of posttraumatic stress disorder and depression following trauma. American Journal of Psychiatry. 1998;155:630-7.

20. Mills KL, Teesson, M., Ross, J., & Peters, L. Trauma, PTSD, and substance use disorders: Findings from the Australian National Survey of Mental Health and Wellbeing. The American Journal of Psychiatry. 2006 April, 2006;163(4):652-8.

21. Stewart SH. Alcohol abuse in individuals exposed to trauma: A critical review. Psychological Bulletin. 1996;120(1):83-112.

22. Khantzian EJ. The self-medication hypothesis of addictive disorders. American Journal of Psychiatry. 1985;142:1259-64.

23. McFarlane A. Epidemiological evidence about the relationship between PTSD and alcohol abuse: The nature of the of the association. Addictive Behaviours. 1998;23(6):813-25.

24. Kessler RC, Davis CG, Kendler KS. Childhood adversity and adult psychiatric disorder in the US National Comorbidity Survey. Psychological Medicine. 1997;27:1101-19.

25. Nelson EC, Heath, A.C., Madden, P.A.F., Cooper, L., Dinwiddie, S.H., Bucholz, K.K., Glowinski, A., McLaughlin, T., Dunne, M.P., Statham, D.J., & Martin, N.G. Association between self-reported childhood sexual abuse and adverse psychosocial outcomes. Archives of General Psychiatry. 2002;59:139-45.

26. Duncan RD, Saunders, B.E., Kilpatrick, D.G., Hanson, R.F., & Resnick, H.S. Childhood physical assault as a risk factor for PTSD, depression, and substance abuse: Findings from a national survey. American Journal of Orthopsychiatry. 1996;66(3):437-48.

27. Langeland W, Draijer, N., & van den Brink, W. Psychiatric comorbidity in treatment-seeking alcoholics: The role of childhood trauma and perceived parental dysfunction. Alcoholism: Clinical and Experiemental Research. 2004;38(3):441-7.

28. Hepp U, Gamma, A., Milos, G., Eich, D., Ajdacic-Gross, V., Rossler, W., Angst, J., & Schnyder, U. Prevalence of Exposure to Potentially Traumatic Events and PTSD: The Zurich Cohort Study. European Archives of Psychiatry and Clinical Neuroscience. [Original Paper]. 2006 November 2005;256:151-8.

29. Levendosky AA, Leahy, K.L., Bogat, G.A., Davidson, W.S., & von Eye, A. Domestic violence, maternal parenting, maternal mental health, and infant externalising behaviour. Journal of Family Psychology. 2006;20(4):544-52.

30. Bayer JK, Hiscock, H., Ukoummune, O.C., Price, A., & Wake, M. Early childhood aetiology of mental health problems: a longitudinal population-based study. Journal of Child Psychology and Psychiatry. 2008;49(11):1166-74.

31. Maynard MJ, & Harding, S. Perceived parenting and psychological well-being in UK ethnic minority adolescents. Child: Care, Health and Development. 2010;36(5):630-8.

32. Smith M. Parental mental health: Disruptions to parenting and outcomes for children. Child and Family Social Work. 2004;9:3-11.

33. Parker G, Roussos, J., Hadzi-Pavlovic, D., Mitchell, P., Wilhelm, K., & Austin, M-P. The development of a refined measure of dysfunctional parenting and assessment of its relevance in patients with affective disorders. Psychological Assessment. 1997;27:1193-203.

34. Heider D, Matschinger, H., Bernert. S., Alonso, J., Brugha, T.S., Bruffaerts, R., de Girolamo, G., Deitrich, S., Angermeyer, M.C., & ESEMeD/MHEDEA 2000 Investigators. Adverse parenting as a risk factor in the occurrence of anxiety disorders: A study in six European countries. Social Psychiatry Psychiatric Epidemiology. 2008;43:266-72.

35. Martin G, Bergen, H.A., Roeger, L., & Allison, S. Depression in young adolescents: Investigations using 2 and 3 factor versions of the Parental Bonding Instrument. Journal of Nervous and Mental Disease. 2004;192(10):650-7.

36. Patock-Peckham JA, & Morgan-Lopez, A.A. College drinking behaviours: Mediational links between parenting styles, parental bonds, depression and alcohol problems. Psychology of Addictive Behaviours. 2007;21(3):297-306.

37. Brady KT, Sonne, S., Anton, R.F., Randal, C.L., Back, S.E., and Simpson, K. Sertraline in the treatment of co-occurring alcohol dependence and posttraumatic stress disorder. Alcohol Clinical Exp Research. [Diagnosis and treatment]. 2005 March, 2005;29(3):395-401.

38. Teesson M, Slade, T., & Mills, K. Comorbidity in Australia: Findings of the 2007 National Survey of Mental Health and Wellbeing. Australian and New Zealand Journal of Psychiatry. 2009;43:606-14.

39. Feinstein A, Owen, J., and Blair, N. A hazardous profession: War, journalists, and psychopathology. American Journal of Psychiatry. 2002 September 2002;159(9):1570-5.

40. Hasin DS, Keyes, K.M., Hatzenbuehler, M.L, Efrat, M.S., Aharonovich, A., and Alderson, D. . Alcohol consumption and posttraumatic stress after exposure to terrorism: Effects of proximity, loss, and psychiatric history. American Journal of Public Health. [Research and Practice]. 2007 September 2007;97(12):2268 - 75.

41. Baker AL, Kavanagh D, Kay-Lambkin F, Hunt S, Lewin T, Carr, V., and, Connolly J. A randomised controlled trial of CBT for co-existing depression and alcohol problems: Short-term outcome. Addiction. 2010.

42. Foa EB, Cashman, L., Jaycox, L., and Perry, K. The validation of a self-report measure of posttraumatic stress disorder: The Posttraumatic Diagnostic Scale. Psychological Assessment. [Article]. 1997 December, 1997;9(4):445-51.

43. Beck AT, & Steer, et al. The Beck Depression Inventory, Second Edition: Manual. San Antonio: The Psychological Corporation; 1996.

44. First MB, Spitzer, R.L., Gibbon, M., & Williams, J. B.W. Structured clinical interview for DSM-IV-TR axis I disorders, research version, patient edition. (SCID-VP). New York, US: Biometrics Research, New York State Psychiatric Institute.; 2002.
45. Saunders JB, Aasland, O.G., Babor, T.F., de le Fuente, J.R., and Grant, M. Development of the alcohol use disorders identification test (AUDIT). WHO collaborative project on early detection of persons with harmful alcohol consumption. Addiction. 1993;88:791-804.

46. Stockwell T, Sitharthan, T., McGrath, D., & Lang, E. The measurement of alcohol dependence and impaired control in community samples. Addiction. 1994;89:167-74.

47. Sobell LCaS, M.B. Timeline Followback: A technique for assessing selfreported alcohol consumption. In: S. Dawe. NJL, L. Hides., D.J. Kavanagh., and R.P. Mattick., editor. Review of diagnostic and screeing instruments for alcohol and other drug use and other psychiatric disorders 2nd Edition. Canberra: Commonwealth Department of Health and Ageing; 2002. p. 23-6.

48. APA. Diagnostic and Statistical Manual - Text Revised. Fourth ed. Washington: American Psychiatric Association; 2000.

49. SPSS. SPSS for Window, Version 17. Chicago: SPSS Inc; 2008.

50. Berk LE. Child Development. Massachusetts: Allyn and Bacon; 1989.

51. Briere J. Treating adult survivors of severe childhood abuse and neglect: Further development of an integrative model. In: Myers JEB, Berliner, L., Briere, J., Hendrix, C.T., Reid, T., Jenny, C., editor. The APSAC handbook on child maltreatment. 2nd Edition ed. Newbury Park, CA.: Sage Publications; 2002.

52. American Psychological Association. Diagnostic and Statistical Manual - Text Revised. Fourth ed. Washington: American Psychiatric Association; 2000.

53. Doerfler LA, & Paraskos, J.A. Anxiety, posttraumatic stress disorder, and depression in patients with coronary heart disease: A practical review for cardiac rehabilitation professionals. Journal of Cardiopulmonary Rehabilitation. [Review article]. 2004 December, 2004;24(6):414-21.

54. Baigent MF. Understanding alcohol misuse and comorbid psychiatric disorders. Current Opinion in Psychiatry. [Addictive disorders]. 2005 May, 2005;18(3):223-8.

55. Brady KT, Waldrop, A.E., McRae, A.L., Back, S.E., Saladin, M.E., Upadhyaya, H.U., Anton, R.F., & Randall, P.K. The impact of alcohol dependence and posttraumatic stress disorder on cold pressor task response. Journal of Studies on Alcohol. 2006 September 2006:700-6.

56. Breslau N, Davis, G.C., and Schultz, L.R. Posttraumatic Stress Disorder and the incidence of nicotine, alcohol, and other drug disorders in persons who have experienced trauma. Archives of General Psychiatry. [Original Article]. 2003 March, 2003;60(3):289-94.

57. O'Donnell ML, Creamer, M., & Pattison, P. Posttraumatic stress disorder and depression following trauma: Understanding comorbidity. American Journal of Psychiatry. 2004;161(8):1390-6.

58. Grant DM, Beck, G., Marques, L., Palyo, S.A., & Clapp, J.D. The structure of distress following trauma: Posttraumatic stress disorder, major depressive disorder, and generalised anxiety disorder. Journal of Abnormal Psychology. 2008;117(3):662-72.

•••

Figures

• • •

Figure 1: Flow chart of participant assessment and classification process.

21



Tables

Symptom Severity

17.7 (12.7)

22.8 (12.4)

20.5 (12.6)

Study % of Men % of Study Significant Gender Women Sample % Differences Ν 221 113 108 **Experienced Trauma** 70.2 73.1 71.6 159 Event PTSD 84 36.3 39.8 38.0 Trauma, No PTSD 75 34.5 33.3 33.9 No Trauma 62 29.2 26.9 28.1 % of Men % of Study Males Trauma Type Females Women Sample% Other Traumatic 21.3 46.8 50.9 Event Serious Accident 50.0 45.6 47.8 Family Non-Sexual 30.0 41.8 35.8 Assault Sexual Contact when 21.3 46.8 34.0 $\chi^2 = 19.3^{***}$ <18 yrs with someone who is5+ years older than them 37.5 $\chi^2 = 4.1^*$ Stranger Non-Sexual 22.8 30.2 Assault Life-threatening 23.8 30.4 27.0 Illness $\chi^2 = 19.7^{***}$ Family Sexual 10.0 40.5 25.2 Assault Natural Disaster 22.5 22.8 22.6 Stranger Sexual 11.3 30.4 20.8 $\chi^2 = 8.8^{**}$ Assault $\chi^2 = 11.0^{***}$ Imprisonment 18.8 2.5 10.7 Military Combat $\chi^2 = 4.7^*$ 8.8 1.3 5.0 Torture 6.3 2.5 4.4 Most Bothersome Other Other Other (31.4) (21.2) (27.8) Mean No. Trauma 2.9 (2.0) 3.4 (1.8) 3.2 (1.9) Events (SD) PTSD Criteria 159 Criterion A 69.4 67.9 66.4 Criterion B 80.5 84.3 82.4 Criterion C 64.6 71.1 67.9 Criterion D 79.3 75.9 77.6 Criterion E 85.4 86.7 86.1 Criterion F 75.0 72.0 78.0 Trauma Assessments 159 Mean (SD) Mean (SD) Mean (SD) Males with Females with PTSD PTSD PDS No. of Symptoms 9.4 (5.4) 11.0 (4.3) 10.3 (5.0) *t* = 17.1***

Table 1: Trauma events, PTSD and symptoms scores in a sample with coexisting depression and alcohol use problems (N=221)

	Study N	% of Men	% of Women	Study Sample %	Significant Gender Differences	
	221	113	108			
Intrusion Symptoms		4.7 (4.1)	6.6 (4.4)	5.4 (4.2)	$t = 8.2^{***}$	
Avoidance Symptoms		5.7 (5.0)	7.3 (4.9)	6.8 (5.0)	<i>t</i> = 10.2***	
Hyperarousal Symptoms		6.1 (4.5)	7.3 (4.4)	6.6 (4.5)	<i>t</i> = 9.3***	

Trauma events are ordered from highest to lowest frequencies experienced by the whole study sample

Criterion A: Person witnessed or experienced an event that involved threatened death or serious injury, in which the person felt intense fear, helplessness or horror.

Criterion B: The event is persistently re-experienced through recollections, images, thoughts, dreams, and feelings.

Criterion C: Persistent avoidance of reminders of the trauma event and numbing of general responses.

Criterion D: Persistent symptoms of increased arousal (such as anxiety, irritability, and trouble sleeping).

Criterion E: Symptoms last longer than one month.

Criterion F: Symptoms causing clinically significant impairment or distress in general functioning.

* p < .05 ** p < .01 *** p < .001 † compares PTSD group to the other sample study group nominated.

N = number in sample

% = percentage

SD = standard deviation

Table 2 Spearman's Rho correlations for parental dysfunction with PTSD, depression, general functioning and alcohol variables in a sample of co-existing depression and alcohol use problems (N=221)

		Maternal Neglect	Maternal Over- Control	Maternal Abuse	Paternal Neglect	Paternal Over- Control	Paternal Abuse			
PTS Symptoms		.26**	.24**	.25**	.31***	.22*	.24**			
Symptoms		20*		10*	20*	10*				
Intrusion		.20	0.744	.18	.20	.18	0.0.4.4			
Avoidance		.27**	.27**	.25**	.32***	.18*	.23**			
Hyperarousal		.27**	.27**	.27**	.30**	.18*	.24**			
Depression Onset		28***	.28***	.29***	.27***	20**	18*			
Depression Severity		.20**	.25**	.25**	.27***	.30***	.23**			
General Functioning		21**	25**	30***	27***	23**	23**			
Weekly Drinking			19*							
Binge Drinking					.24**		.20*			
Problems with Alcohol					.26**	.15*	.25**			
Alcohol Dependence Severity				.22**	.37***	.24**	.25**			
* p<.05										
** <i>p</i> <.01										
***p <.001										